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**1. INTRODUCTION**

MAIN HEADINGS should be in uppercase and set in Times New Roman, 10-point, single-spaced, and justified.

Insert text with a single line space between the heading "INTRODUCTION" and the text below it. Additionally, ensure that there is one blank line at the beginning of each paragraph within this section.

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Use only SI (international system) units.

Use a period in decimal fractions (3.16 rather than 3,16).

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For studies requiring an ethics committee approval document, please specify the relevant document number in this section.

Subheadings within this section are also allowed.

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If equations are to be used in the study, they should be presented within a single-row table with hidden borders, consisting of two cells. The equation should be centered in the left cell, and the equation number should be right-aligned in the right cell.

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**REFERENCES**

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**Appendices**

**Appendix A.**

If necessary, visual elements such as figures, graphs, tables, or images referred to in the text should be provided in this section. The section title should be in Times New Roman, 10-point font, and bold. In the case of multiple appendices, subheadings should be labeled as Appendix A, Appendix B, and so on.